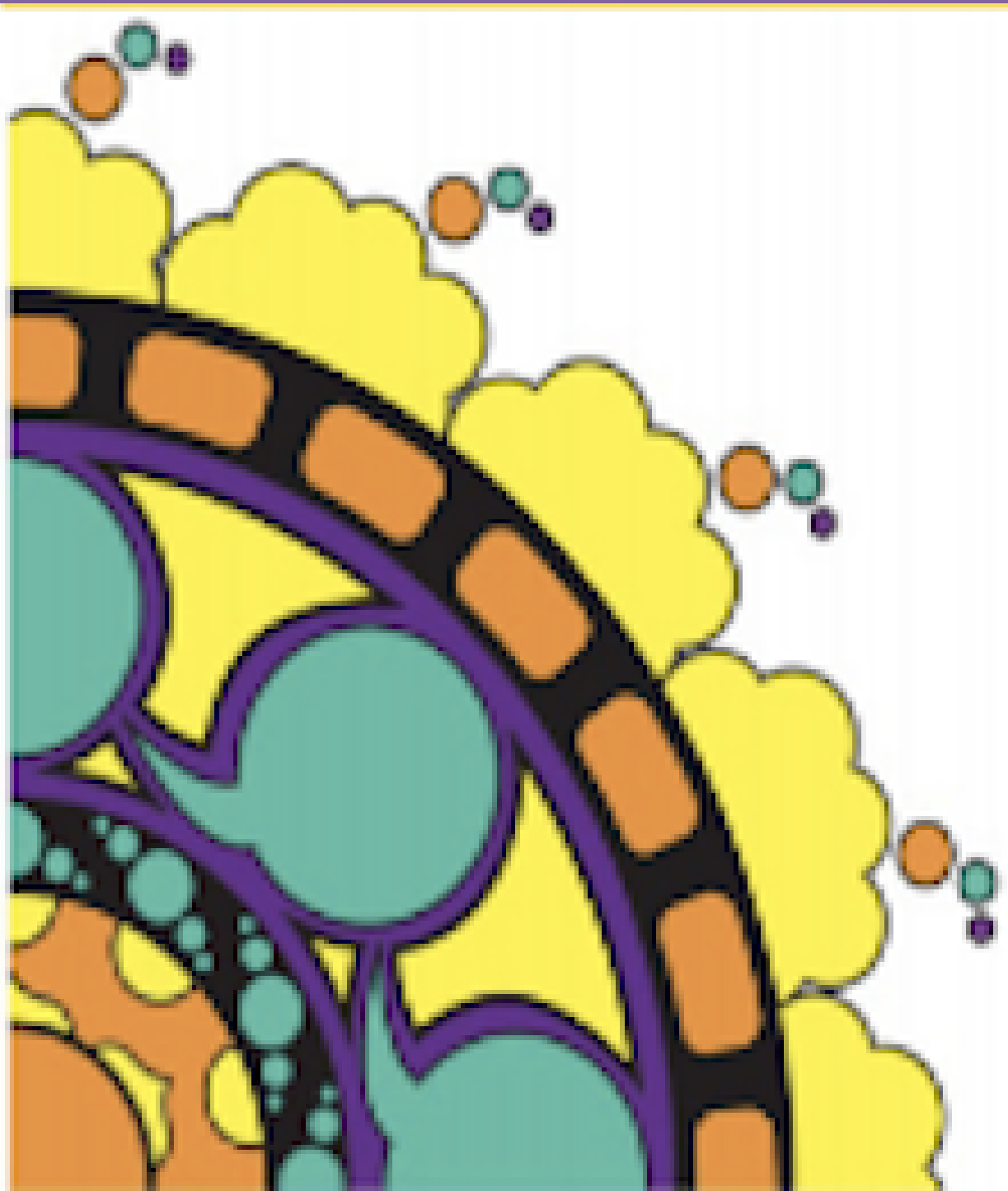


Circles of Communication

**Virtual Activity Groups
for EVERY body**

**A full schedule of wellness
classes and special interest
social groups for teens and
adults of all abilities**



**Circles of
Communication**

A private practice that combines developmental speech language therapy, experiential learning, play, yoga, and wellness practices to promote confidence, self-expression and a love of life-long learning.

www.circlesofcommunication.com

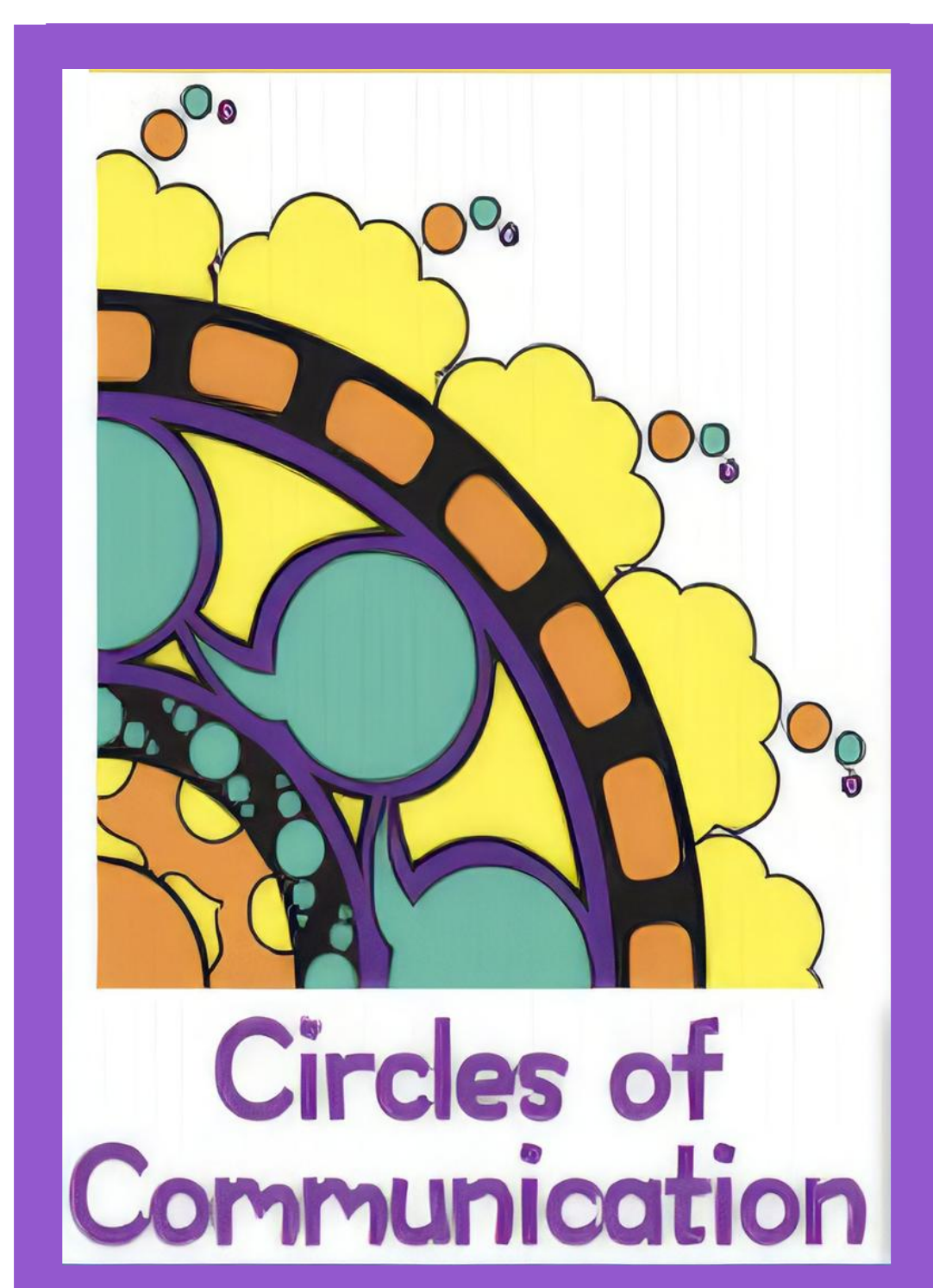
Circles of Communication

Virtual Class Schedule

Class Name	Day	Time	Instructor
Disney Chat Club	Monday	2:00 PM	Leah Barron
Animal Chat Club	Monday	5:00 PM	Liz Stamat
Move & Groove	Tuesday	4:00 PM	Lisa Mo
Bingo Club	Tuesday	6:00 PM	Krystal Glushien
Tune In - Mindful Music Sharing	Tuesday	6:30 PM	Dez Dutcavich
Music Appreciation Chat Club	Wednesday	6:00 PM	Leah Barron
Games with Friends	Thursday	2:00 PM	Krystal Glushien
Mindfulness & Music	Thursday	4:00 PM	Leah Barron
Disney Chat Club	Thursday	5:00 PM	Leah Barron
Disney Chat Club	Thursday	6:00 PM	Liz Stamat

Upcoming Classes:
Lego Builders Club
Karaoke Club
Boundaries & Consent
Sexual Education
Creative Self-Expression
Sketch Club: Draw Fast & Fun!

***Upcoming classes will start as soon as there are registered students!**



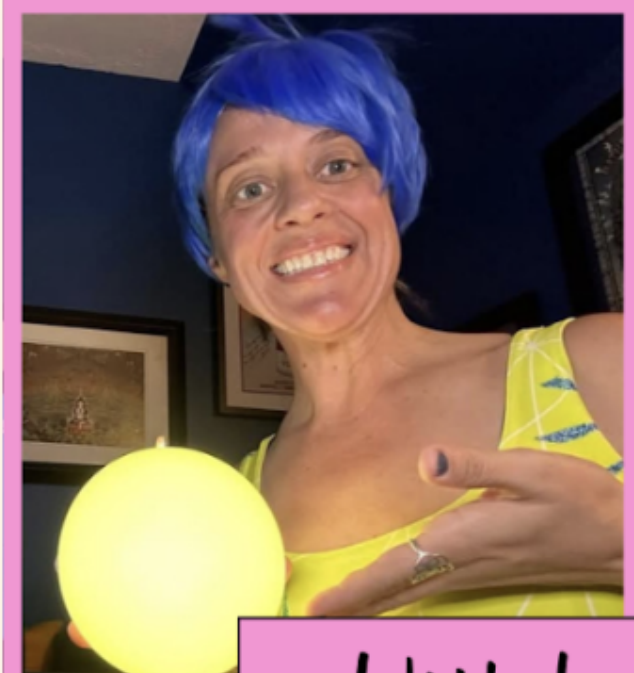
Information / Questions / Registration

Contact: circlesclientservices@gmail.com

www.circlesofcommunication.com/groups

Disney Chat Club

CIRCLES
OF COMMUNICATION



With Leah or Liz



MONDAY'S - 2PM
THURSDAYS - 5PM & 6PM
VIA ZOOM

DDD FUNDING ACCEPTED!
FOR TEENS & ADULTS OF
ALL ABILITIES!

Each week, participants will watch a Disney/Pixar movie leading up to Chat Club and then chat about it in a safe, comfortable, and welcoming virtual space! Conversations and sharing will include discussion about characters, plot, setting, and the movie soundtrack. Other activities may include: movie trivia, sing-alongs, and yoga poses related to the movie.

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Game with Friends

CIRCLES
OF COMMUNICATION



THURSDAY'S AT
2:00PM
VIA ZOOM

DDD FUNDING ACCEPTED!
FOR TEENS & ADULTS OF
ALL ABILITIES!



With Krystal



This virtual game night class offers a relaxed, inclusive environment where participants can enjoy classic games like Uno, Go Fish, Yahtzee, and others chosen by the students themselves. The focus is on fostering connection, fun, and community through interactive and accessible gameplay. Whether you're a seasoned gamer or new to the world of board games, this class encourages socialization, strategy, and a sense of belonging while allowing for flexibility in game choices and pacing. Each session is designed to be engaging and supportive, with a focus on ensuring everyone feels comfortable and included.

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Tune In

A Mindful Music Sharing Experience

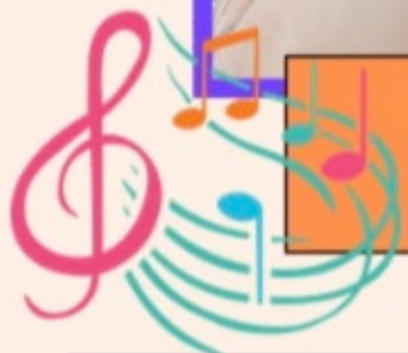
CIRCLES
OF COMMUNICATION



TUESDAY'S
AT 6:30PM
VIA ZOOM

DDD FUNDING ACCEPTED!
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Dez



Join us for a fun and interactive music sharing class where everyone gets a say in the playlist! Each session, students take turns contributing songs, exploring different genres, play music based games and discussing what makes music meaningful to them. Whether you love pop, hip-hop, rock or country, this is a space to discover new tunes, share favorites, and enjoy a collaborative listening experience. No musical expertise required—just bring your enthusiasm and an open mind!

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Lego Builders Club

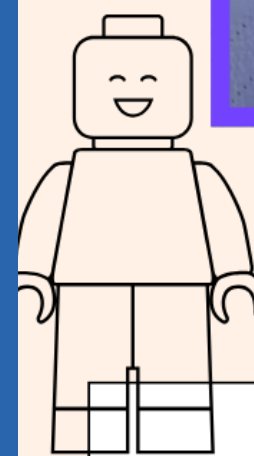
CIRCLES
OF COMMUNICATION



** CLASS DAY &
TIME TBD BASED
ON STUDENT
INTEREST

DDD FUNDING ACCEPTED!
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Liz



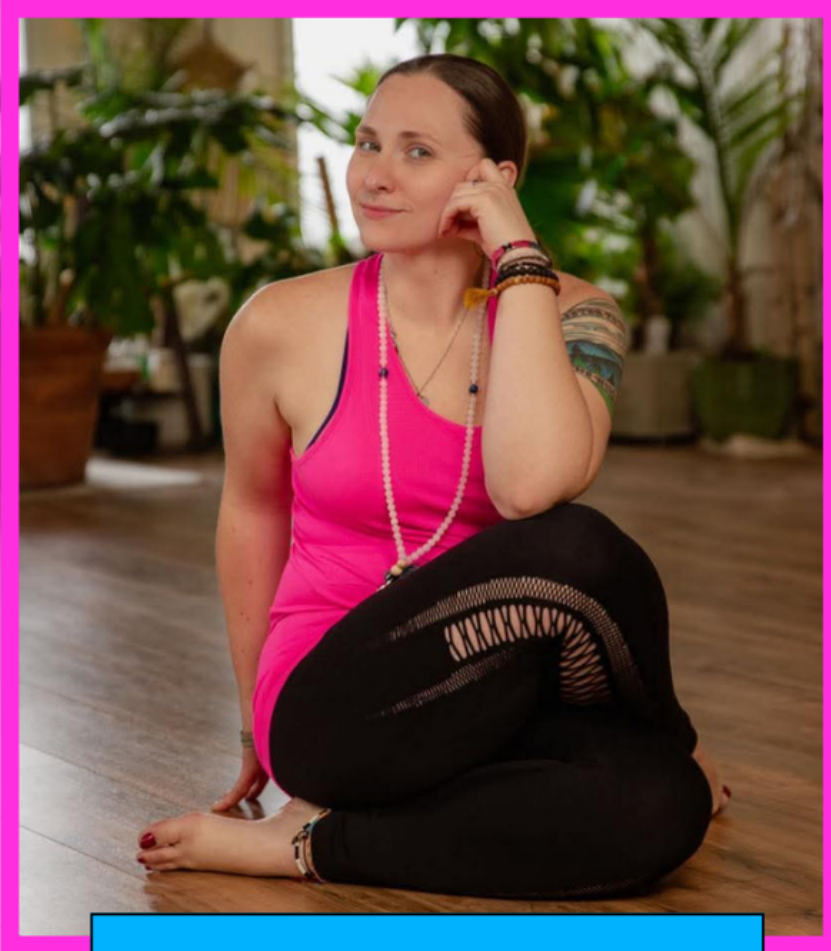
A virtual hangout for those who share a passion for all things Legos! Whether you build from sets or create your own original designs, this club is a space to build, share, learn, and connect with others who love Legos as much as you do. Show off your creations, discuss building techniques and creative ideas and take part in fun building challenges and games! Whether you're a casual builder or a master creator, all skill levels and styles are welcome. Come ready to build, share, and have fun, brick by brick!

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Move & Groove

CIRCLES OF COMMUNICATION

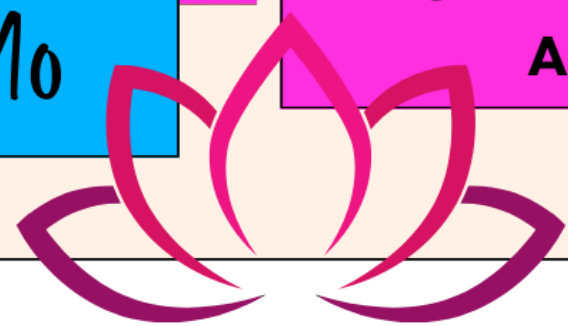


TUESDAY'S
AT 4PM
VIA ZOOM



DDD FUNDING ACCEPTED!
◇
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Lisa Mo



Together we will enjoy an hour of fun with playful yoga-inspired movement and breathwork to promote stress relief, calming, grounding and mindful movement.

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES & SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

BINGO Club

CIRCLES OF COMMUNICATION



TUESDAY'S
AT 6PM
VIA ZOOM

DDD FUNDING ACCEPTED!
◇
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Krystal



Calling all Bingo enthusiasts! We are excited to share in our mutual love for this popular game of chance!

In addition to playing, we will learn and practice skills that teach good sportsmanship and kindness. Our hope is that club members will then generalize these skills by playing Bingo in their own communities!

REGISTER AT:
circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES & SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Sexual Education For All Abilities

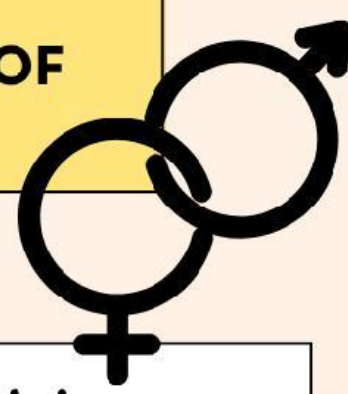
CIRCLES OF COMMUNICATION



CLASS DATES
COMING SOON!
VIRTUAL
RECORDINGS
AVAILABLE NOW!

DDD FUNDING ACCEPTED!
◇
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Dr. Mark



Dr. Scheurman is a 3rd year family medicine resident physician working at Hunterdon Medical Center. He has a passion for teaching others and specializes some of his care for people with developmental disabilities. This class offers a safe, inclusive space to explore relationships, consent, boundaries, pleasure, and body confidence and is designed with accessibility, respect, and real-life experiences in mind. Learn at your own pace, ask questions without judgment, and connect with others on the journey to empowered, informed intimacy.

REGISTER AT:
circlesclientservices@gmail.com



TO LEARN MORE ABOUT OUR CLASSES & SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Karaoke Club

CIRCLES OF COMMUNICATION



** CLASS DAY &
TIME TBD BASED
ON STUDENT
INTEREST

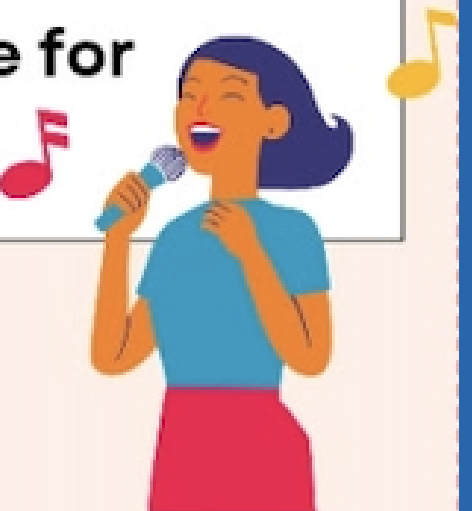
DDD FUNDING ACCEPTED!
◇
FOR TEENS & ADULTS OF
ALL ABILITIES!

With Krystal



A fun, inclusive virtual karaoke club where individuals of all abilities can sing, connect, and express themselves in a supportive, judgment-free space. Participants can share their favorite songs, build confidence, and enjoy music together at their own pace—no experience needed, just a love for music and community.

REGISTER AT:
circlesclientservices@gmail.com



TO LEARN MORE ABOUT OUR CLASSES & SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Creative Self Expression

A Journaling & Storytelling Group

CIRCLES
OF COMMUNICATION



** CLASS DAY &
TIME TBD BASED
ON STUDENT
INTEREST

DDD FUNDING ACCEPTED!

FOR TEENS & ADULTS OF
ALL ABILITIES!

With Angela

This virtual class offers a safe, supportive space to explore personal creativity through journaling and storytelling activities. Participants will engage in guided exercises that encourage reflection, imagination, and self-expression. Whether through writing prompts, free journaling, or collaborative storytelling, the class aims to empower participants to share their unique voices and experiences. The focus is on creating a comfortable and non-judgmental environment where each individual can explore their creativity at their own pace while building connections with others.

REGISTER AT:

circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Music Appreciation

CIRCLES
OF COMMUNICATION



WEDNESDAY'S
AT 6PM
VIA ZOOM

DDD FUNDING ACCEPTED!

FOR TEENS & ADULTS OF
ALL ABILITIES!

With Leah

Conversations & sharing about your favorite bands and music in a safe, welcoming & virtual space. Pragmatic skills instruction will be infused into each class & will include promoting self-awareness, self-regulation, self-advocacy, maintaining conversations & understanding the perspective of others!

REGISTER AT:

circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Mindfulness & Music

CIRCLES
OF COMMUNICATION



THURSDAY'S
AT 4PM
VIA ZOOM

DDD FUNDING ACCEPTED!

FOR TEENS & ADULTS OF
ALL ABILITIES!

With Leah

The intention of this group is for each individual to work towards aligning with the best version of themselves by learning and practicing mindfulness exercises, increasing emotional intelligence, creating and using affirmations, connecting with favorite songs through dancing and yoga-inspired movement, and practicing relaxation techniques to feel more calm and relaxed.

REGISTER AT:

circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM

Chat Club for Nonspeakers

CIRCLES
OF COMMUNICATION



** CLASS DAY &
TIME TBD BASED
ON STUDENT
INTEREST

DDD FUNDING ACCEPTED!

FOR TEENS & ADULTS OF
ALL ABILITIES!

With Amy

This virtual social club will include mindfulness and motor planning warm ups informed followed by guided discussion about topics of interest unique to the group members. Typers of all levels are welcome and questions will be presented using multiple choice, semi-open, and open-ended formats and instruction aligned with Rapid Prompting Method (RPM) and Spelling 2 Communicate (S2C) philosophy.

REGISTER AT:

circlesclientservices@gmail.com

TO LEARN MORE ABOUT OUR CLASSES &
SERVICES VISIT US AT
WWW.CIRCLESOFCOMMUNICATION.COM